

LOS ANGELES RAMS 2026 SCHEDULE CALENDAR

■ HOME GAME

□ AWAY GAME

All kickoff times shown in Eastern Time

AUGUST 2026

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15 @KC 4:00
16	17	18	19	20	21	22 NO 4:00
23	24	25	26	27 @LAC 10:00	28	29
30	31					

SEPTEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10 SF 8:35	11	12
13	14	15	16	17	18	19
20	21 NYG 8:15	22	23	24	25	26
27 @DEN 8:20	28	29	30			

OCTOBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4 @PHI 1:00	5	6	7	8	9	10
11	12 BUF 8:15	13	14	15	16	17
18 ARI 4:05	19	20	21	22	23	24
25 @LV 4:25	26	27	28	29	30	31

NOVEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1 LAC 4:05	2	3	4	5	6	7
8 @WAS 1:00	9	10	11	12	13	14
15 @ARI 4:05	16	17	18	19	20	21
22	23	24	25 GB 8:00	26	27	28
29	30					

DECEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3 KC 8:15	4	5
6	7	8	9	10	11	12
13 @SF 4:25	14	15	16	17	18	19
20 DAL 4:25	21	22	23	24	25 @SEA 8:15	26
27	28	29	30	31		

SEASON NOTES

- Week 17 and Week 18 dates are set by the NFL in late December
- Flexible scheduling may move Sunday kickoff times.
- Blue squares are SoFi home dates, gold outline marks a road trip