

# DALLAS COWBOYS 2026 SCHEDULE

| HOME GAMES | ROAD GAMES | BYE WEEK | STADIUM      | HEAD COACH           |
|------------|------------|----------|--------------|----------------------|
| 9          | 8          | Week 14  | AT&T Stadium | Brian Schottenheimer |

## PRESEASON SCHEDULE

| WEEK  | DATE        | OPPONENT              | TIME (ET) | TV    |
|-------|-------------|-----------------------|-----------|-------|
| PRE 1 | Sat, Aug 15 | at Seattle Seahawks   | 8:00 PM   | Local |
| PRE 2 | Sat, Aug 22 | at Arizona Cardinals  | 10:00 PM  | Local |
| PRE 3 | Fri, Aug 28 | vs New Orleans Saints | 8:00 PM   | Local |

## REGULAR SEASON SCHEDULE

| WEEK | DATE        | OPPONENT                                             | TIME (ET) | TV    |
|------|-------------|------------------------------------------------------|-----------|-------|
| 1    | Sun, Sep 13 | at New York Giants                                   | 8:20 PM   | NBC   |
| 2    | Sun, Sep 20 | vs Washington Commanders                             | 4:25 PM   | FOX   |
| 3    | Sun, Sep 27 | HOME OPENER<br>vs Baltimore Ravens<br>RIO DE JANEIRO | 4:25 PM   | CBS   |
| 4    | Sun, Oct 4  | at Houston Texans                                    | 1:00 PM   | FOX   |
| 5    | Thu, Oct 8  | vs Tampa Bay Buccaneers                              | 8:15 PM   | Prime |
| 6    | Sun, Oct 18 | at Green Bay Packers                                 | 8:20 PM   | NBC   |
| 7    | Mon, Oct 26 | at Philadelphia Eagles                               | 8:15 PM   | ESPN  |
| 8    | Sun, Nov 1  | vs Arizona Cardinals                                 | 1:00 PM   | FOX   |
| 9    | Sun, Nov 8  | at Indianapolis Colts                                | 1:00 PM   | FOX   |
| 10   | Sun, Nov 15 | vs San Francisco 49ers                               | 4:25 PM   | FOX   |
| 11   | Sun, Nov 22 | vs Tennessee Titans                                  | 1:00 PM   | FOX   |
| 12   | Thu, Nov 26 | vs Philadelphia Eagles<br>THANKSGIVING               | 4:30 PM   | FOX   |
| 13   | Mon, Dec 7  | at Seattle Seahawks                                  | 8:15 PM   | ESPN  |
| 14   |             | BYE WEEK                                             |           |       |
| 15   | Sun, Dec 20 | at Los Angeles Rams                                  | 4:25 PM   | CBS   |
| 16   | Sun, Dec 27 | vs Jacksonville Jaguars                              | 8:20 PM   | NBC   |
| 17   | Sun, Jan 3  | vs New York Giants                                   | 1:00 PM   | FOX   |
| 18   | TBD         | at Washington Commanders                             | TBD       | TBD   |

| SEASON NOTES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| <div><ul style="list-style-type: none"><li>• Home opener Sep 20 vs Washington, 4:25 PM ET on FOX.</li><li>• Nine home games, but only eight are at AT&amp;T Stadium.</li><li>• Six prime time kickoffs: Weeks 1, 5, 6, 7, 13 and 16.</li><li>• 27,980 travel miles, the fourth-most in the NFL.</li><li>• Bold opponent = home game. All times Eastern.</li><li>• Flexible scheduling may move Sunday kickoff times.</li></ul></div> <div><ul style="list-style-type: none"><li>• Week 3 vs Baltimore is played in Rio de Janeiro, Brazil.</li><li>• Thanksgiving: Philadelphia at AT&amp;T, Nov 26, 4:30 PM ET.</li><li>• Bye is Week 14, the latest Dallas bye since 1990.</li><li>• Eight opponents made the 2025 playoffs.</li><li>• Week 18 date and TV set by the NFL in late December.</li></ul></div> |