

SEATTLE SEAHAWKS 2026 SCHEDULE CALENDAR

HOME GAME

AWAY GAME

All kickoff times shown in Eastern Time

AUGUST 2026

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15 DAL 8:00
16	17	18	19	20	21	22
23 @TEN 8:00	24	25	26	27	28 @KC 8:00	29
30	31					

SEPTEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9 NE 8:20	10	11	12
13	14	15	16	17	18	19
20 @ARI 4:25	21	22	23	24	25	26
27 @WAS 1:00	28	29	30			

OCTOBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4 LAC 4:25	5	6	7	8	9	10
11 SF 4:25	12	13	14	15 @DEN 8:15	16	17
18	19	20	21	22	23	24
25 KC 8:20	26	27	28	29	30	31

NOVEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 CHI 8:15	3	4	5	6	7
8 ARI 4:25	9	10	11	12	13	14
15 @LV 4:05	16	17	18	19	20	21
22	23	24	25	26	27	28
29 @SF 4:25	30					

DECEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7 DAL 8:15	8	9	10	11	12
13 NYG 4:25	14	15	16	17	18	19 @PHI 5:00
20	21	22	23	24	25 LAR 8:15	26
27	28	29	30	31		

JANUARY 2027

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3 @CAR 1:00	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

SEASON NOTES

- Week 18 at the Rams is scheduled after Week 17 is played.
- Flexible scheduling may move Sunday kickoff times.
- Seattle plays on every day of the week except Tuesday.